

Dear Parkwood Hill Families,

We are very excited about the 2017-18 school year for Parkwood Hill PE! It is going to be a very fun and productive time for our students to be active and learn various athletic skills as well as healthy lifestyle habits.

WHO ARE WE?

Coach Spivey

Coach Brown

Coach Redmond

Coach Wallak

OUR EXPECTATIONS

All students should come prepared to PE. This includes having proper footwear (closed toed-athletic shoes) and clothing (shorts under dresses). We expect students to participate to the best of their ability with a positive attitude toward their classmates and coaches.

WHEN

All students have either an odd or even rotation day for PE. This means that days ending in 1,3,5,7,9, are odd PE days and days that end in 0,2,4,6,8 are for even students.

GRADES

All students earn a participation grade which is dependent upon how actively they participate in the day's activities. It is important to note that this grade is not based upon physical ability of skills but on participation only.

Students will also earn a behavioral grade. This grade will depend upon the students' attitudes and actions toward their peers and coaches during PE. We hold high expectations for student behavior as it plays a key role in having a safe and productive class.

MEDICAL CONDITIONS

Students who are unable to participate need a note from their guardian. If a student is going to be out longer than 3 class periods of PE, a doctor's note is required. Please email Coach Spivey or Coach Brown if you have any questions or information.

ADDITIONAL OPPORTUNITIES

Each 6 weeks there will be an after school fitness opportunity on Tuesdays starting the 2nd 6 weeks for students interested in improving their overall fitness and sports abilities.

6th graders will have an opportunity to participate in more sport specific clubs throughout the year. (more info to come).

Please sign up with Remind to get notifications of upcoming events.

Text the message @phiphysed to the number 81010.

Hall of Fame:

Students can bring a picture of themselves participating in their favorite sport to hang up in our PE hall of fame. All participating students will earn a House Point.

Little League Sports:

Students who would like to participate in a sport outside of school can pick up a form (if we have it) in the hanging pocket dividers in the hallway.

Below is a quick list of links to get you started:

<http://ymcafw.org/locations/northpark/>

<http://www.kyasports.com/>

<http://blueskysportscenter.com/>

<http://www.eaglemountainsportsplex.com/>

<http://www.kellersoccer.net/>

<http://www.nfwasa.org/>

<http://www.phoenixvolleyballclub.com/> (select team forming that will practice at Parkwood Hill)

SHOE CLOSET

If your child has any athletic shoes that he/she has outgrown and would like to donate to the shoe closet we would love to take them off your hands!

CONTACTS AND SOCIAL MEDIA

doty.spivey@kellerisd.net

w.brown@kellerisd.net

school phone: 817-744-4029

Twitter: (check out fun in the gym and events) **Parkwood Hill PE (@parkwoohillPE)**

Website: www.ParkwoodHill.info

Remind: Text the message @phiphysed to the number 81010.

Thank you and looking forward to a fun year! PE department